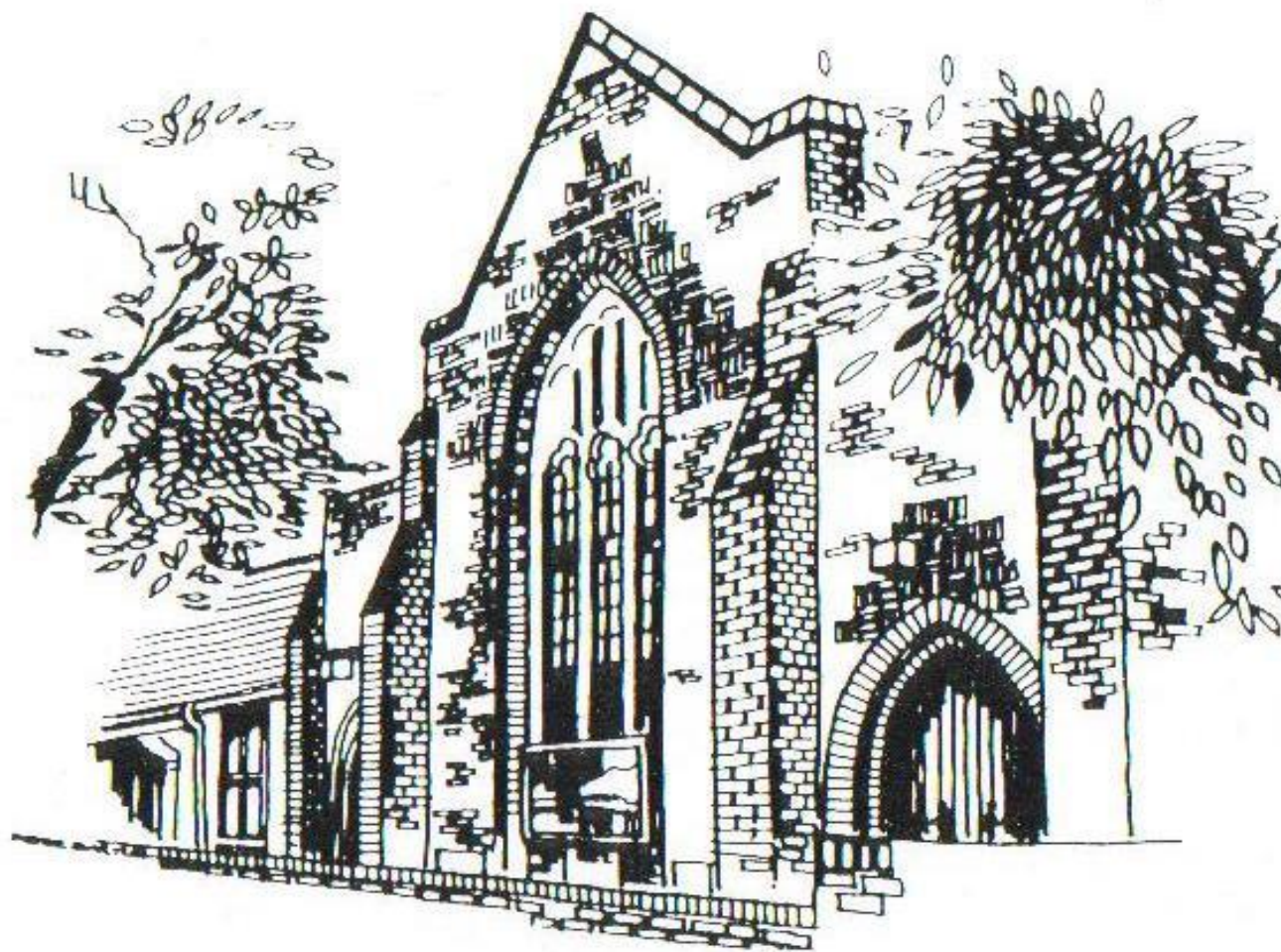




The Magazine
of
**Highams Park Baptist
Church**

Cavendish Road, E.4.



JUNE / JULY 2019

CHURCH PROGRAMME

SUNDAY SERVICES: 10.00 a.m. Morning Worship (including a crèche and groups for children and young people)

Holy Communion is conducted regularly within the Services. We invite all who believe in Jesus as Lord and Saviour to eat and drink in Communion. Please see the Church Diary (at the back of the magazine) for details.

Monday Gathered Prayer 10.00 – 11.00am at the home of Margaret Norris.
An opportunity to pray for the life and work of the Church and for the local community.

Friday: Boys Brigade and Girls Association:
Anchors (For boys and girls in school years 1-3)
combined with
Juniors (For boys and girls in school years 4-6)
6.30 - 8:00 pm
Company Section 6.30 - 8.30pm

Cell Groups: The cell groups are small groups of people that meet together for friendship, support, Bible study / application. It would be great if you wanted to try one of the groups.

Thursday Cell Group: 2.00 – 3.30pm, contact Sheila Humphrey

Friday 'Praise, Prayer and Worship'
7.00 -8.00pm at the Church.
Contact Muneyi Antoniou or Peter Burke

The deadline for items for the next edition is Sunday July 21st 2019
Editors: Dave & Jacquie Lyus, 020 8527 1505 Email: magazine@hpbcc.co.uk



Cavendish Road, London E4 9NG

June / July 2019

<p><i>Minister:</i></p> <p><i>Rev. Rosemary Eaton</i> <i>21, Warboys Crescent,</i> <i>Highams Park,</i> <i>London, E4 9HR</i></p> <p><i>☎ 020 8523 5056</i></p>	<p><i>Church Secretary:</i></p> <p><i>Ruth Underhay,</i> <i>249, The Avenue,</i> <i>Highams Park,</i> <i>London E4 9SE</i></p> <p><i>☎ 07593 421214</i></p>
---	---

Uncertain times

For the early followers of Jesus the period between Easter Sunday and Pentecost was a time of great uncertainty. The book of Acts tells us that Mary, the mother of Jesus, was among those who regularly met to pray during those weeks:

Jerusalem is quiet today but there has been a restlessness in the air ever since the city emptied out after Passover. Those with no need to be in the City stay away. Perhaps they sense danger in the unresolved tensions between our leaders and Pilate. Maybe some have heard of the source of those tensions despite the efforts of both sides to pretend that nothing unusual has happened. Preparations for Pentecost (our harvest festival) are underway and on the surface all seems calm. At the Temple it is business as usual. Traders are moving in to supply the needs of those they hope will come to celebrate. But this year the priests are watchful, keen to avoid attracting the attention of the Roman guards.

As I have done many times in the past month, I made my way through the city largely unnoticed this morning. In the market, as in the narrow side streets, women of a certain age are of little interest to either soldiers or spies. Or to anyone else, for that matter. Our men and the younger women live with the constant fear of being stopped, searched, questioned and sometimes arrested. But we, the invisible ones, move about the city unhindered. All the time we keep our eyes and ears open. What we learn may be useful to protect our people or to gain knowledge that will help us negotiate these uncertain times.

Since the day when Jesus was returned to us my visits to Jerusalem have become more frequent. In the past, I visited the City only when necessary and never went alone. Now, with all that has happened, I find myself drawn to be in this place of memories. Along with my other sons, I have gathered with those who worked with my Jesus to pray as often as I can. We hear reports of him being seen by different people but no-one knows where he is. I have always known that Jesus was not mine to hold on to but I long to see him once again. What mother would not wish the same?

I stood with him on that dreadful day. What else could I do? Nothing will erase the memory of watching my beautiful boy die. No mother, no parent should have to witness such horror. My heart broke that day. Nothing will ever be the same again. At that moment the meaning of old Simeon's words to me in the Temple became clear. The pain of seeing my son there was like a knife in my heart, piercing my very soul.

And in that awful moment, as he hung there in agony, words of kindness! For me. For John. For his persecutors. Such a gift to cling to in these uncertain times.

So for now I wait with the others. I watch. I pray. I hope. As we pray together we are learning to trust the promises of God. He has brought us this far. Surely he will not abandon us now? And so, we wait here in Jerusalem, where danger lurks around every street corner, for we do not know where else we could be at this moment.

Dates for your Diary



*Highams Park Society Film Club
June 22nd at 1.30pm at the Church*



*Strawberry Tea 2.0pm
June 29th
at the Manse*



*Our local village fete
Held at Vincent Green
(We are having a stall
- please support us)*



Cavendish Circular

As this is being written half term has begun for many of the schools in England: the final break before the busy Summer term that heralds the long holiday at the end of July. The weather has been kind to us so far and many families are enjoying some leisure time with their children while the sun lasts. For others, work has to continue and this can involve some input from the extended family or friends with child care. As we look forward to the next few months of longer hours of daylight and hopefully better weather we remember our young people who are busy revising or sitting exams which, in some cases, will dictate their future plans for some years ahead. We wish them well, praying that they will receive all the support, care and opportunity to study and sit their exams with a calm confidence.

We have enjoyed a busy programme of events in recent weeks. At the end of March a good number of our fellowship exercised their artistic skills during an afternoon of decorating bird boxes, under the skilful leadership of Liz Jones. These were subsequently displayed not only in the Church but at the Highams Park Spring Festival. Read more about this very successful event and see pictures of the bird boxes in all their glory in this issue. Our thanks go to Liz for arranging and leading the afternoon and to all who took part.

The season of Lent was marked at the beginning of April with a service entitled 'No Greater Love' led by Rosemary. Around twenty people attended this special one-hour service, including some from local Churches, and thanks go to Rosemary for providing this opportunity for quiet reflection before Easter.

A large group from HPBC travelled to Spring Harvest in Skegness in April, with a smaller party going to Minehead. Reports tell us that the week proved an enjoyable and inspirational time for all and arrangements are already in hand for next year's event.

St. George's Day was celebrated by the 17th Pals Band on Sunday 28th April when the band marched and played from Tesco's to Church for a service led by Jason Close. The band returned to Tesco's after the service where they entertained many passers-by with their enthusiastic and tuneful efforts. You can see some pictures of the event in this edition.

The Annual BBGA Awards Evening took place in early May. An enjoyable time was had by all the young people involved and those who supported the occasion. We remember in prayer all those who work with the BBGA week by week, encouraging and supporting the young people in many different activities, both in the Church and further afield. We hope to bring you a report from the BBGA in our next issue.

Christian Aid Week in May was marked at Church by a special cafe- style 'Big Brekkie' service which was enjoyed by a very good number of all ages, who not only learnt more about the work of Christian Aid but took full advantage of the delicious breakfast items available! Our thanks go to Rosemary and Gemma who led our worship and to Mandy and her team for providing the breakfast. You can read all about this special service further in the magazine.

We continue to remember those in prayer who are unable to worship with us regularly because of ill health or being house-bound. It has been good to see Doris Thorndyke recently at several special events and services as she continues to recover from her fall. Lynda Lewis-Azayear is receiving ongoing treatment and we also remember Mike Ansell as he recovers at home after his hospital stay. Please remember also June Tresadern, who has recently had a fall, together with Mavis Grint and Joan Ashley who are largely confined to home.

Finally, we send heartiest congratulations to Beth and Jason Aggus who celebrated their Silver Wedding in May! Every blessing and good wishes for the future to them both on this very happy occasion.

Jacquie

Jesus himself came up and walked along with them; but they were kept from recognising him. *Luke 24:15-16*



Forgive me, Lord,
for all the times
I walk through life head down,
my vision limited to the immediate.
Confined within the pressures of my day
problems press in, expand,
prevent the recognition that we both desire.
I find it hard to look beyond the obvious,
my mind so sealed
it almost breaks imagination's fingernails
to prise it open to the wonder of your presence.

Yet still you walk with me,
each step a revelation of your love,
a gentle leading on to boundaries of understanding
I've not yet crossed.
Have patience, Lord.
Help me to see your hand at work
shaping my life,
and make your nearness a delight
that turns my mourning into joy.

From: 'Cross Purposes, meditations and prayers based on meals with Jesus' by Eddie Askew, published by the Leprosy Mission International, 1995.

The Big Brekkie



You may be forgiven for thinking that this is a new product by McDonald's (other fast food outlets do exist!) but no...

The Big Brekkie is an idea from Christian Aid to raise funds as well as awareness of world poverty. This year they featured stories from Sierra Leone, one of the poorest places in the world and one which has been torn by civil war.

The church was transformed into several separate seating areas with chairs and tables dotted around and with large tables groaning with food and drink ready for a hungry congregation. There was tea, coffee or hot chocolate and bacon and/or egg rolls. All about were Big Brekkie balloons and bunting and posters.

When the service began we were asked to point out on a map where Sierra Leone was - we failed miserably! (it is on the West Coast of Africa between Guinea and Liberia). From Gemma we heard the story of Tenneh from Sierra Leone who lost her first baby after three months when she became ill during her pregnancy and there was no medical help to hand. Her second pregnancy had a much better outcome for there was now medical help available. The one roomed clinic is run by Nurse Judith Lassie. It is somewhat primitive, with no electricity - torches provide light during the hours of darkness! However there are plans to build a new health centre complete with solar power... Christian Aid money goes towards such clinics and facilities.

There is still a feeling that women are sometimes considered as second class citizens in such countries and this was brought home to us when two teams - one of boys and one of girls - took turns to build a tower (after completing a series of PE style jumps etc). The boys won - not because they were better but because their bricks were bigger!

Of course there is no such thing as a free lunch (or brekkie) and we were encouraged to donate money to Christian Aid in the boxes provided - and very worthwhile it was. Great thanks to all who helped arrange the food and laid out the church - and reinstated it afterwards, also to Rosemary and Gemma who led the service. Total raised so far is £195-00



*Thank
you*



**for the money we give via the
Kingdom Fund and other ways.**

As you may know we pass on some of the money from the Kingdom Fund to groups and organisations to help in their work. Below are letters from some of these people thanking us for our contributions:

Home Mission

I'm writing to thank you for your recent contribution to Home Mission of **£1,876.45.**

It's been encouraging to experience so many situations where a tremendous difference has been made by your home mission giving. Through the generosity of our churches, we can support some brilliant initiatives – from the work of the HEBE Foundation amongst young people, through to the support of ministers such as those at Old Lodge Lane and Hersham, to the provision of our chaplaincy at Heathrow Terminal 2 and the pastoral work in night clubs by Third Space Ministries.

I am only too aware of the financial challenges upon our churches and church members – especially with many having to shoulder the additional burden of the deficit payments to the Baptist Ministers Pension Scheme. I am extremely grateful for your ongoing generosity. As I'm sure you are aware, the Home Mission appeal enables three things: as already stated, it funds missional initiatives within London; it funds the Regional Team and office staff who support London churches in mission and ministry; and it funds our national resource based at Baptist House in Didcot, Oxfordshire.

The Mission Partnership Funding Committee takes extremely seriously the disbursement of grants and we look to be creative and thoughtful as we approach these matters. Last year, the LBA raised £584,702.64 for Home Mission. The need continues to be great – and we always want to set a faith-filled target – despite these uncertain times for our churches (and economy). I would urge you to prayerfully review the amount you set aside for the 'family purse' especially during the period where you set the budget or consider your specific giving to Home Mission. Thank you again for contribution to this important aspect of our Baptist life. We look forward to your continued support.

Yours, in Christ,

Rev. Phil Barnard
Regional Minister, Team Leader

Thank you WYFC

I am writing on behalf of the Board of Directors and staff of Waltham Forest Youth For Christ to say a big thank you to your church for giving us a portion of your legacy from Geoff Norris. We are deeply touched and grateful for you thinking of us. Geoff was a huge supporter of WYFC, in fact he was Chair of the management board for some time and after, Chair of our Council of Reference. Please pass on our gratitude to the leadership team and congregation.

We pray God's continued leading and guidance on Higham's Park Baptist in Jesus name.

Hope for Action – Christmas Appeal

Thank you so much to you and everyone at Highams Park for this fantastic Christmas offering. It will make such a difference to the work we are already starting in Uganda to distribute CRADLE blood pressure monitors to health teams in the refugee settlements. The response we've had has been amazing and we're delighted your church could support us this year.

Thank you from HPBC

I would like to thank all those who give to the Magazine over the year. The donations we receive help cover the cost of what I am sure you would agree is a good Church magazine. So thanks to you all - no matter how large or small the gift it all helps.

Also thank you to YOU ALL for the giving each week, or when you are able, to both our Kingdom and General fund. I am sure you would agree that the improvements, work and cost of maintaining HPBC can be seen throughout the church. We often hear how nice we are as a church and with the building being kept to a good standard we sometimes forget to thank everybody for what we receive.

Jason Close

Church Treasurer

And the Band played on!

The 17th Pals Band were in action again on the 28th April when they celebrated St. George's Day. They marched (and played) from Tesco's before the Church Service which was led by Jason Close. After the Service they marched back to Tesco's and spent some time playing there.



We thank Dave Kendrick and Phil Slaney for the photographs.

As sometimes happens somebody reads something and it hits the right note. This happened to Sheila Humphrey who recently found the following in a Church magazine from about twenty years ago. As it says at the end, it was passed to the Editor of the day by Joan Meunier - so our thanks to them both...

A Smile

*A smile is a curve which straightens out many things;
It enriches those who receive without impoverishing those who give.
It happens in a flash;
But the memory sometimes lasts forever.
None are so rich that they can get along without it.
And none so poor but are richer for its benefits.
It is a rest for the weary;
Daylight to the discouraged;
Sunshine to the sad;
And nature's blessing in times of trouble.
Yet it cannot be bought, borrowed or stolen.
It is something that is of no earthly use to anyone unless it is given away.
And if in the rush of business some of us should be too tired to give you a smile,
May we ask you to leave us one of yours.
For no one needs a smile so much as those who have none to give.*





Boxing clever...

A enjoyable and productive afternoon of painting and decorating bird boxes was organised by Liz Jones and very popular it was too! As Liz says:

'What a lovely, creative and relaxing afternoon this was!'

Many people of all ages, members and friends of the church family, came to join in and have a go at decorating their own bird box, using paint, glue, wooden ornaments and decoupage pictures. There was a choice of different bird nesting boxes to choose from as well as an array of coloured paints. After giving a few tips and techniques everyone set to work with their ideas. All enjoyed making their own designs and some had a go at decoupage, which was tricky at first, but soon got the hang of it.

Lots of lovely colourful bird boxes were created, from a hand painted park scene by Sheila, to a beach hut complete with a satellite dish by Ray! Flowers and bird designs were popular too.

Emily had a nautical theme and Paul managed to paint a cricket design, in between helping to provide much needed refreshments. Lots of chatting and laughter was heard with a few quieter spells when concentration was required. We all enjoyed the afternoon and will now be looking for the perfect spot in our gardens to place them.

Liz Jones



Some of the excellent bird boxes and there are more - many more!



We are sure that the bird population of Highams Park will be delighted...

Highams Park Snippets

The latest on the Regal Redevelopment:



In March 2018, Waltham Forest Council approved a planning application to redevelop the Regal Cinema on Hale End Road in Highams Park. The application includes two new cinema screens, restoration of the building's façade and entrance in keeping with the history and heritage of the town centre, a café/bar and 30 new homes.

Mammoth Capital, who own the cinema are holding discussions with The Rio Cinema to ensure this important cultural and heritage venue is returned to its former glory. It is

not intended to make significant alterations to the existing plans with works set to begin early 2019 hopefully to take about 18 months.

Waltham Forest Council hope to breathe life back into an important cultural and heritage venue in the borough. Three years ago Waltham Forest had no cinemas. With the Council's help we now have Empire Cinemas as part of The Scene development in Walthamstow's High Street, making it a cultural destination for residents and visitors. With the Granada EMD announcement in February 2018 and the Regal Cinema there are set to be three entertainment venues in Waltham Forest. Waltham Forest Council have issued a press release about the future of the Granada cinema which indicates that it will function as a 1,000 seater theatre concentrating on comedy. The Deputy Mayor for Culture and the Creative Industries, Justine Simons, said: *"I am delighted that this historic venue is being restored to its former glory as a true local cultural gem. Creativity is in every corner of our city as the Mayor's first London Borough of Culture Waltham Forest has shown. This wonderful renovation project with Soho Theatre creates a genuine legacy for the year and means that residents and visitors will enjoy the great culture of Waltham Forest well into the future"*

Back to the Regal:

Councillor Simon Miller, Cabinet Member for Economic Growth and High Streets, has said:

"Breathing life back into the Regal Cinema is part of the Council's wider regeneration plans for Highams Park: to develop a quality leisure offer and strengthen its position as a desirable place to live and visit. It is fitting that this work will begin as we embark on a spectacular year as London's first Borough of Culture in 2019. Having an entertainment venue like this will help to support a thriving night time economy in the north of the borough. This project will be a terrific boost for Highams Park. The area already has a strong sense of community, and regeneration of the Cinema will see it further develop into a small but important independent-led cultural centre."

*We look forward to the reopening of **our** cinema!*

Wild About Highams Park Animal Sculpture – Trail

Using funding provided as part of the Waltham Forest Borough of Culture, the sculptor Marshall Lambert has created 12 Animal Sculptures around Highams Park from locally sourced logs which were provided by the Corporation of the City of London from trees that needed to be felled in Epping Forest.



Tick them off once you find them

1	Richmond Crescent
2	Abbotts Crescent
3	Larkshall Crescent
4	Ropers Avenue
5	Aldriche Way
6	River Walk
7	The Hale
8	Oak Hill Crescent
9	Vincent Road
10	Handsworth Avenue
11	The Highams Park
12	Beechwood Drive

Badger in Oak Hill Crescent

We are grateful to The Highams Park Forum for permission to use the pictures etc. You can find more information and a map of the sculpture sites on The Highams Park Forum website (www.highamparkforum.co.uk)



Foxes outside the Health Centre in Handsworth Avenue.

Spring Harvest 2019



Spring Harvest seems to come round quicker each year, whilst also taking ages to get here then its gone in a flash. I suppose that's a mixture of anticipation and me getting older!

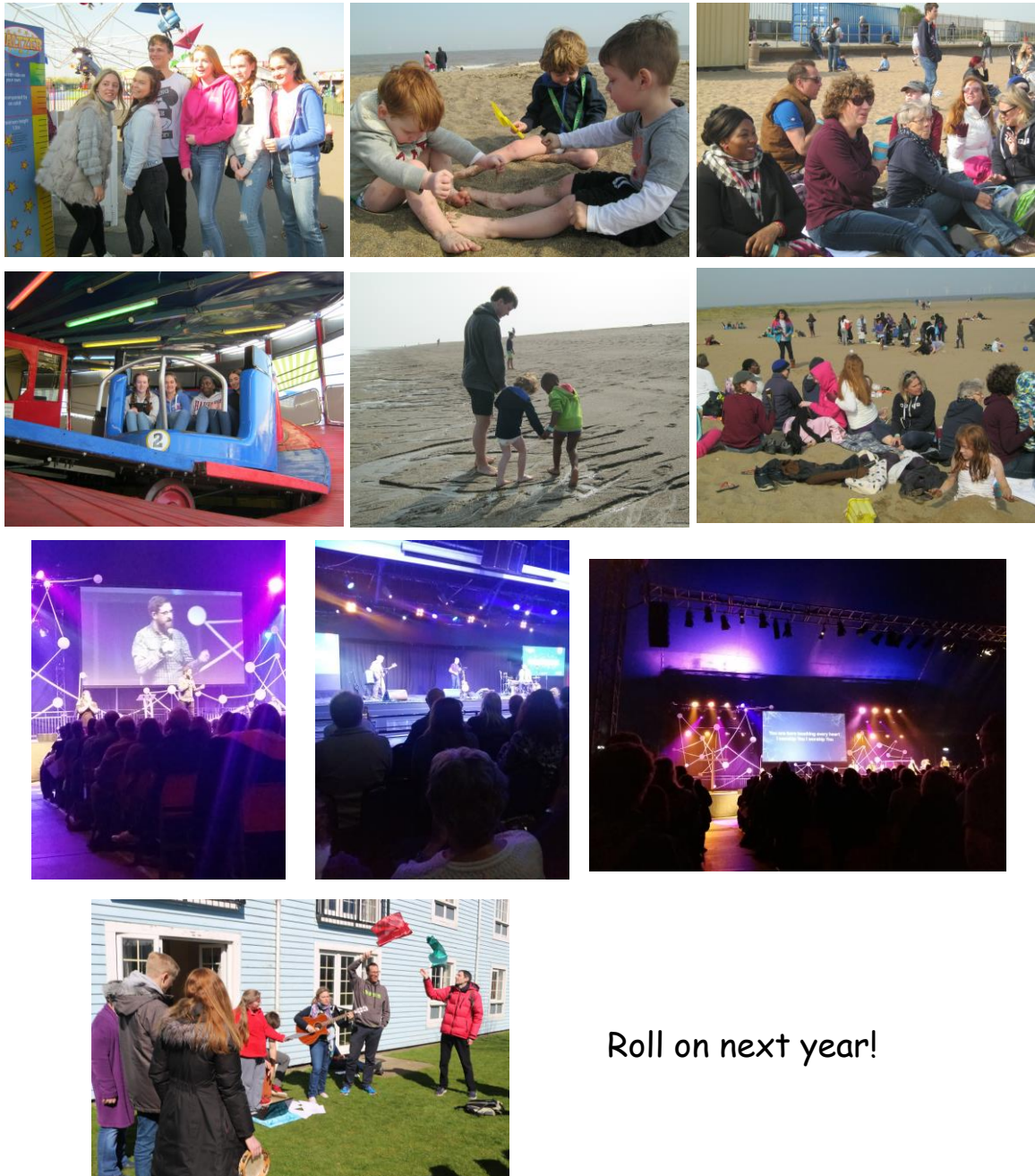
We had a great and refreshing time again this year, Big Start had the theme of School Days and many children and adults alike donned bits of school uniform whilst they walked us through bible stories about the unlimited nature of prayer "No Rules No Limits", Lou Fellingham and her band



did the Lord proud leading worship for us, the bible study was accessible, funny and made us think and there were plenty of workshops on all sorts of topics to take your fancy throughout the day. After hours was good this year and I went to something each night, the only problem was what to choose! Those of you of more mature years might remember Ishmael (remember the Glories?). He did a session as part of the 40th birthday of Spring Harvest celebrations and it was a lovely sing-a-long as was the Graham Kendrick session.

The All Age worship was a bit of shock to the system, Nick Harding "retired" last year and he was much loved by our group as he was so inclusive to all of our group from the youngest toddler to the eldest grandparent but especially to our teens. Any change can be difficult but some of our group found this quite hard. Once it settled down a bit they still had an enjoyable time on the whole, the new leaders Nick and Becky Drake have experience of leading children's worship and have written some great children's songs including Creator God and hopefully they will grow from strength to strength.

Our Group had fun times together too, most of us met for devotions just after lunch before heading off to an activity, swimming, the funfair and the beach - although looking at the clothing you would not have been able to guess the weather as we had everything from bikinis to coats and scarves LOL - it was warm! Here are just a few photos for you:



Roll on next year!

Mandy Edwards

The Kendrick Never Fail Cake!

We are assured that, as its name suggests, you can never fail to produce a brilliant cake. The Editor's take no responsibility for this statement!

Ingredients:

100g/4oz glacé cherries

220g tin of pineapple in juice

100g/4oz butter

350g/ 12oz mixed fruit

175g/6oz soft brown sugar

225g/8oz self-raising flour

2 eggs

Method:

Chop the cherries and the pineapple (keep the juice).

Put in a pan with the pineapple juice, butter, fruit and sugar.

Heat to melt the butter but do not boil.

Leave to cool, then beat in the flour and eggs.

Preheat oven to 170C / 150 fan oven / gas 3.

Line an 20cm / 8 inch round tin with baking paper; put in the mixture and bake for about 90 minutes until firm and a skewer comes out clean.

ENJOY!



With thanks to Dave 'Escoffier' Kendrick!

Highams Park Spring Festival

A lovely afternoon of music (including a brass band), entertainment, food & craft stalls including Liz Jones with her bird boxes. Featuring the Essex Dog Display Team, HPs very own Maypole and the HP Great British Bake Off. We saw hundreds of families enjoying their local park which now has Humphry's cafe and toilets so people can stay longer.

Phil Slaney - Friends of The Highams Park

Thanks to Phil for the pictures.



Safeguarding Level 2 Training Day

Saturday 7th September 2019

10am – 1pm

at

Highams Park Baptist Church

Who is it for?

All adults that work or interact with children and young people in the church or groups attached to the church. In practice this includes almost everyone.

How much will it cost?

We think that this is important so the Church will pay.

Who will deliver the training?

The training will be delivered by the London Baptist Association.

How do I register?

Give your name to Jason and **PUT THE DATE IN YOUR DIARY!**

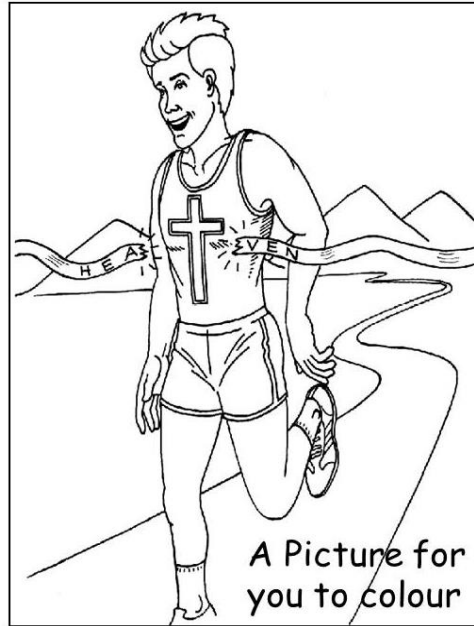
Email: safeguarding@hpbc.co.uk
or speak to Jason for more
information

Highams Park Baptist Church
Safeguarding

G Y B R H X E A E N G E T Z Q
 B H W T N U E L J W E Q H U S
 S F I P A T E G H F V V A E B
 D A I P Z H O T S I A I S X H
 F M U X H R A S D L N S H C L
 D K I C K O D T I D E D S O K
 C R U N F W M I U N M E E S F
 M T H R O N E O T P Y O F R V
 U A A Y M I L I F E E S G K S
 F A R A E C W X B U L J R N X
 R F J K J C V H Q G U E E I T
 A K B Q E U S E H C I S A U F
 C J O C O D U F U D M U T E A
 E F F N V M H S I N K S R M Z
 R G W R I P K J O Y T L K U N

Can you find these words in the word search?

- GREAT RACE JESUS JOY
- FAITH THROW THRONE EYES
- RUN MARKED FIX SIN
- CLOUD HINDERS WITNESSES



Run the Race -

'Let us run with perseverance
 the race marked out for us.'
 (Hebrews 12v1)

Can you work out the words below using the code?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
B	U	S	M	J	I	D	V	E	Q	A	H	N	C	P	L	K	O	Z	Y	G	R	T	X	F	W

1. 26-6-23-13-9-3-3-9-3 _____
2. 5-9-3-2-3 _____
3. 25-6-24-9-7 _____
4. 25-11-6-23-12 _____
5. 14-22-18-3-3 _____
6. 22-11-14-9 _____
7. 22-2-13 _____
8. 5-18-20 _____
9. 9-20-9-3 _____
10. 23-12-22-18-13-9 _____

J C

u h

n u

i r

o c

r h

CHURCH DIARY

June

Sunday 2nd	10.00 am	Morning Service and BBGA Parade led by Rev. Rosemary Eaton
Thursday 9th	10.00 am	Morning Service and Communion led by Rev. Rosemary Eaton
Sunday 16th	10.00 am	Morning Service led by Bob Jenkins
Sunday 23rd	10.00 am	Morning Service and Communion led by Rev. Rosemary Eaton
Saturday 29th	2.00 pm	Strawberry Tea at the Manse
Sunday 30th	10.00 am	Morning Service led by Rev. Rosemary Eaton

July

Thursday 4th	7.30 pm	Church Council Meeting at the Church
Sunday 7th	10.00 am	Morning Service and BBGA Parade led by Rev. Rosemary Eaton
Saturday 13th	11.00 am	Highams Park Day at Vincent Green
Sunday 14th	10.00 am	Morning Service and Communion led by Rev. Rosemary Eaton
Sunday 21st	10.00 am	Morning Service led by Rev. Rosemary Eaton
followed by		Church Members meeting
Sunday 28th	10.00 am	Morning Service and Communion led by Phil Slaney and Wendy Sandilands

Please note: there are no young people's groups being held between July 28th and August 25th.

August

Sunday 4th	10.00am	Morning Service led by Rev. Rosemary Eaton
Sunday 11th	10.00 am	Morning Service led by Rev. Rosemary Eaton

Note that details are subject to change.

All services and events take place at the Church unless noted.

Refreshments are served after the Morning Service every Sunday.